

**THE UNIVERSITY OF HONG KONG**  
**School of Nursing**  
**Bachelor of Nursing (Full-time) Programme**

Objective of the Programme

The objective of the BNurs degree programme is to provide a comprehensive and holistic nurse education programme which strives to achieve professional excellence in nursing. The four-year curriculum is broad-based and multi-disciplinary, designed to introduce the biopsychosocial aspects of health and nursing care in line with the development of a world trend in nursing education. It provides a careful balance between the broad areas of nursing, biological and behavioural sciences. Students will be able to obtain knowledge through the study of different disciplines, as well as to develop an enquiring mind, interpersonal skills and an understanding of the socio-cultural context in which nursing is practised in Hong Kong. The curriculum also integrates various nursing and health components such as adult nursing, mental health nursing, maternal and child health nursing, community health nursing and gerontological nursing. The programme aims to produce generic nurses who will be able to work as competent practitioners in various health care settings.

Learning outcomes of the BNursing Programme

**University Educational Aim 1: Benchmarked against the highest international standards, the 4-year undergraduate curriculum at HKU is designed to enable our students to develop their capabilities in pursuit of academic/professional excellence, critical intellectual inquiry and life-long learning**

By the end of the BNurs Full-time programme, students should be able to:

- a. demonstrate knowledge of general, behavioural and life science, and their application to professional nursing practice
- b. demonstrate knowledge of the theories of nursing and concepts of caring, and their integration into practice
- c. apply cognitive, psycho-motor and psychosocial skills in their nursing practice
- d. perform nursing techniques proficiently
- e. maintain accurate documentation
- f. provide safe and effective nursing care based on organised, focused and informed assessment, and prudent decision making
- g. work in partnership with other health care providers, clients, families and the community in preventing illness, promoting and protecting the health of the individual and society
- h. recognise the factors affecting health and the appropriate actions for promoting health
- i. utilise information from a variety of reliable sources for planning and improving health promotion and health education activities
- j. intervene appropriately to safeguard the interests and well-being of the client
- k. commit life-long continuous learning
- l. think analytically, critically and reflectively
- m. integrate professional knowledge into practice including:
  - assessing the health needs of the individual, groups and community using a bio-psycho-social-spiritual framework;
  - managing physical, mental, psychosocial and/or spiritual ill health via working with the client to develop a care plan and contribute to its implementation and evaluation;
  - enabling the client to achieve self-determined health goals and maximum independence, or a peaceful death;
  - performing nursing techniques proficiently;
  - maintaining accurate documentation;

- using appropriate channels of referral;
- working effectively with other health care team members

**University Educational Aim 2: Benchmarked against the highest international standards, the 4-year undergraduate curriculum at HKU is designed to enable our students to develop their capabilities in tackling novel situations and ill-defined problems**

By the end of the BNurs Full-time programme, students should be able to:

- a. apply nursing theories, evidence-based nursing knowledge, problem-solving skills and therapeutic techniques to perform professional nursing duties safely, legally, ethically and effectively
- b. use cognitive, psycho-motor and psychosocial skills in their nursing practice
- c. assess the health needs of the individual, groups and community using a bio-psycho-social-spiritual framework
- d. manage physical, mental, psychosocial and/or spiritual ill health through working with the client to develop a care plan and contribute to its implementation and evaluation
- e. provide safe and effective nursing care based on organised, focused and informed assessment, and prudent decision making
- f. demonstrate knowledge of concepts of health, health education and health promotion and their application to the restoration and maintenance of optimal health
- g. identify health related learning needs of clients
- h. utilise information from a variety of reliable sources for planning and improving health promotion and health education activities
- i. intervene appropriately to safeguard the interests and well-being of the client
- j. apply the knowledge and skills in nursing research in different health care settings and in the community
- k. collect, analyse, interpret and use research data to improve nursing and health care practices

**University Educational Aim 3: Benchmarked against the highest international standards, the 4-year undergraduate curriculum at HKU is designed to enable our students to develop their capabilities in critical self-reflection and greater understanding of others, and upholding personal and professional ethics**

By the end of the BNurs Full-time programme, students should be able to:

- a. manage physical, mental, psychosocial and/or spiritual ill health through working with the client to develop a care plan and contribute to its implementation and evaluation
- b. identify health related learning needs of clients
- c. use educational principles and counselling techniques appropriately and effectively
- d. assist clients to achieve self-determined health goals and maximum independence, or a peaceful death
- e. demonstrate knowledge of professional conduct principles, nursing ethics and legal aspects pertinent to nursing practice
- f. accept responsibility for own actions and be accountable for the care provided
- g. maintain and enhance personal effectiveness including healthy life styles, health promotion practices, change adaptation and management skills and stress management skills
- h. recognize the factors affecting health and the appropriate actions to take for the promotion of health
- i. identify health related learning needs of clients
- j. use educational principles and counselling techniques appropriately and effectively

- k. communicate health information and coordinate health education/promotion activities effectively
- l. seek, scrutinize and utilize information from a variety of reliable sources for planning and improving health promotion and health education activities
- m. intervene appropriately to safe guard the interests and well-being of the client

**University Educational Aim 4: Benchmarked against the highest international standards, the 4-year undergraduate curriculum at HKU is designed to our enable students to develop their capabilities in intercultural communication and global citizenship**

By the end of the BNurs Full-time programme, students should be able to:

- a. work effectively with other health care team members
- b. assess the health needs of the individual, groups and community using a bio-psycho-social-spiritual framework
- c. apply theories of communication and counselling, and their integration into nursing care
- d. work in partnership with other health care providers, clients, families and the community in preventing illness, promoting and protecting the health of the individual and society
- e. educate others based on identified needs
- f. participate in activities for health education and health promotion at local, national and ecological levels
- g. respect for life, dignity and client's rights
- h. identify the strategies in achieving professionalism
- i. develop and maintain nursing as a profession and maintain one's status as a professional nurse
- j. maintain own physical, mental and emotional well-being
- k. develop and maintain nursing as a profession and maintain one's status as a professional registered nurse

**University Educational Aim 5: Benchmarked against the highest international standards, the 4-year undergraduate curriculum at HKU is designed to enable our students to develop their capabilities in communication and collaboration**

By the end of the BNurs Full-time programme, students should be able to:

- a. work effectively with other health care team members
- b. maintain accurate documentation
- c. use appropriate channels of referral
- d. use educational principles and counselling techniques appropriately and effectively
- e. communicate health information and coordinate health education/promotion activities effectively
- f. maintain confidentiality and respect the client's right to privacy
- g. acknowledge the client's rights to dignity, autonomy and access to information
- h. recognize limits of own abilities and qualifications in accepting delegations
- i. respond appropriately to instances of unsafe practice to safeguard the client's health
- j. maintain an environment conducive to health including infection control

**University Educational Aim 6: Benchmarked against the highest international standards, the 4-year undergraduate curriculum at HKU is designed to enable our students to develop their capabilities in leadership and advocacy for the improvement of the human condition**

By the end of the BNurs Full-time programme, students should be able to:

- a. communicate health information and coordinate health education/promotion activities effectively
- b. demonstrate skills in community health assessment, educational needs assessment and their application to health education activities for individuals, groups and community
- c. participate in activities for health education and health promotion at local, national and ecological levels
- d. apply contemporary ethical issues and their relevance to professional practice
- e. identify the rights of the individual including human rights, client rights and rights for privacy
- f. identify instances of unsafe practice to safeguard the client's health
- g. demonstrate knowledge of personal effectiveness including self, environment, stress coping and adaptation to change
- h. develop nursing as a profession and maintain one's status as a professional nurse
- i. demonstrate knowledge of management theories including management of the health care setting, human resources, financial resources, crisis, time, change and risk
- j. identify health care policies including health care system and trends and contemporary health issues
- k. develop skills in managing colleagues, clients, health care professionals and members of the public
- l. demonstrate skills in delegation, supervision, monitoring and evaluation
- m. demonstrate effective managerial and leadership skills in the provision of quality nursing care
- n. initiate and implement change conducive to the improvement of health care provision
- o. contribute to health care policy formulation when working in partnership with other health care team members and community sectors
- p. assess and manage risk including occupational safety and health of clients and colleagues
- q. assess and manage crises